



BY ALEXANDRIA CITY HIGH SCHOOL

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TOPIC

I want psychologists so that all children and youth can be mentally healthy.

CYCP GOAL

All Children, Youth, and Families will be Physically Safe and Healthy

SUCCESS STORY

We are celebrating the Teen Wellness Center. Its staff have helped countless teens, offering numerous services



RESULT

All children and youth in Alexandria are mentally healthy

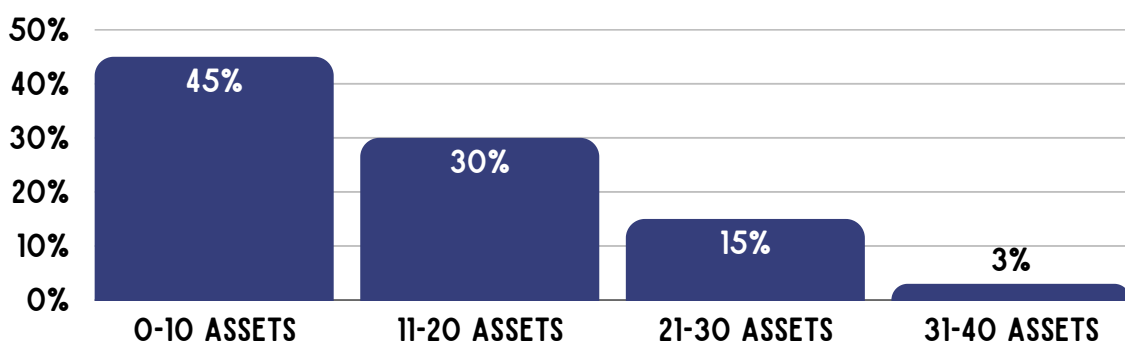
SIGNIFICANCE

It matters because it affects their sleep and can cause the teens to isolate themselves from their loved ones.

HOW ARE WE DOING?

PERCENT OF YOUTH REPORTING DEPRESSION/SUICIDE BY ASSET* LEVEL

Source: Developmental Assets: A Profile of Your Youth for ACPS© 2013-2025 by Search Institute, Minneapolis, MN.



*Developmental Assets are 40 positive supports and strengths that young people need to succeed

STRATEGIES FOR CHANGE

Some strategies we can do is put more female psychologists and try to talk with teenagers and make them feel safe.

CHAMPIONS



School Counselors



DEPARTMENT OF
**COMMUNITY &
HUMAN SERVICES**



Department of
Health

PARTNERS

Schools psychologist, community mental health centers, parents and guardians.

WHAT HAS BEEN DONE SO FAR?

- Promoting early intervention,
- Providing support systems, and
- Addressing mental health challenges

HOW MUCH HAS BEEN DONE?

Reducing mental health disparities and improving access to treatment.

WHAT HAS BEEN DONE SO FAR?

Untreated mental health conditions can lead to increased of chronic diseases, substance abuse, unemployment and also homelessness.

WHAT ARE PLANS FOR THE FUTURE?

- Get better psychologists
- Improve on coping skills for patients to at least get them cured or find ways they can cope when they have some certain episodes or issues.

WHERE CAN PEOPLE FIND OUT MORE ABOUT YOUR TOPIC?

University of Notre Dame Hesburgh Libraries – Psychology